

# VOLUNTEERING AT LES BOURGS HOSPICE



## **Les Bourgs Hospice**

Les Bourgs Hospice provides free, specialist care to any resident of the Bailiwick suffering with a life-limiting illness, as well as support to their loved ones and relatives. The Hospice can accommodate up to 7 patients at any one time in single occupancy, en-suite rooms and nursing care is provided 24 hours a day, 365 days a year. As an independent charity it does not receive any financial support from the States of Guernsey so relies on the income from its charity shops, fundraising activities and public support to cover the annual running costs which are approximately £1.6m.

## **Volunteering**

Les Bourgs Hospice relies on volunteers to support many areas of its work and currently has around 130 volunteers working around the Hospice and the charity shops. All volunteers at Les Bourgs Hospice are greatly appreciated and to show gratitude a celebration is held each year during National Volunteers Week where recognition is given for 5 years, 10 years, 20 years and 30 years' service.

## Key Information about Volunteering

- People from all backgrounds and walks of life volunteer for Les Bourgs Hospice, you just need some spare time.
- No special skills or qualifications are required as you will receive-on-the-job training, but you do need to have a warm disposition, be empathetic and understand the importance of confidentiality.
- Volunteering will not leave you out of pocket as any expenses you incur will be reimbursed.
- You will be part of a highly valued team that ensures the continued high level of care the Hospice provides.
- Volunteering has a number of benefits such as learning new skills, building confidence, making new friends, gaining a sense of purpose by making a difference and can also be a lot of fun.

## Volunteering Opportunities

### Reception

Reception volunteers greet visitors and receive incoming telephone calls. No previous experience of working in offices is required, just a willingness to be a welcoming first point of contact for the public. Reception is manned between the hours of 9am until 5pm and volunteers provide cover in two hour shifts, either once a week or on an ad-hoc basis.

### Supper Duty

This involves preparing light suppers e.g. sandwiches, soups, omelettes, salads and serving them to the patients on the ward, then tidying up afterwards. Supper duty is between 5pm – 7pm and you will be fully supported until confident in the role. Some volunteers cover two shifts per month while other volunteers provide ad-hoc cover.

### In-Patient Unit (IPU)

IPU volunteers come into the Hospice once a week from 9am - 11am and assist with a number of tasks. These include tidying up and re-stocking the kitchen, taking patient's menu choices, assisting with laundry and also offering refreshments to the patients.

### Hospice Shops

Most volunteers help out at the shops once or twice a week for two-hour shifts. Duties include serving customers, sorting donations and general shop duties. The shops are open 9am - 4.30pm Tuesday to Saturday and the donation centre is open on Mondays and Thursdays 9am - 4pm and also Saturdays 9am - 12pm.

### Fundraising Volunteer

If you would be willing to spare a couple of hours to help set up, or be part of our support team for events, collect donations on flag day or even run your own fundraiser, then we would love to hear from you.

## Who to Contact

For further information about volunteering with Les Bourgs Hospice please contact Lara Higgins on 210327 or email [Lara.Higgins@lesbourgs.com](mailto:Lara.Higgins@lesbourgs.com).

Visit our website : [www.lesbourgshospice.org.gg](http://www.lesbourgshospice.org.gg)