



# The Rock to Rocque Annual Bike Ride

Sunday 28<sup>th</sup> May 2023

Organised by the Friends of Les Bourgs Hospice

## Rider Registration Form

Name(s):	
Email:	
Only one required per family registration	
Address:	
Only one required per family registration	
Contact Number:	
Registration Type: (Family/Adult/Child)	
<i>Family registration £30.00 (up to 2 adults &amp; 2 children)</i> <i>Adult registration £15.00</i> <i>Child registration £5.00</i>	

**Please complete the GDPR, compliance and disclaimer sections on the next page.**

**Disclaimer:**

Please tick

I am entering the Rock to Rocque cycling event at my own risk.	
Les Bourgs Hospice and the Friends of Les Bourgs Hospice accept no responsibility and will not be liable whatsoever for any loss, damage, injury, death or other liability which may arise.	
I am medically and physically fit enough to participate and if I am in doubt or have any a medical condition, I will consult my doctor prior to taking part	

**GDPR (data protection):**

Please tick

Les Bourgs Hospice (the Hospice) will not share your data with any third parties not directly involved with the Rock to Rocque event. We only ask for data that is adequate, relevant and not excessive for those purposes. We will use your data to:  1) Enable us to understand more about how our website is used, and in turn to make sure that it reflects your needs. 2) Send you any information you may have requested, or which may be relevant to the services that you have contracted the Hospice or Friends	
I consent to my name being listed on the Les Bourgs Hospice Website for online sponsorship purposes:	
I would like to receive email updates about Les Bourgs Hospice news and events:	

Name:	
Signature:	

*For any participant under the age of 18 please ensure that a parent or guardian signs on your behalf. Please note that you will only be considered to be participating in the event if a signed registration form has been received and the registration fee has been paid.*

We strongly recommend that helmets are worn for this event by all riders.

**Please either bring your completed form with you on the day of the event or post it to:  
R2R, Les Bourgs Hospice, Andrew Mitchell House, Rue Du Tertre, St Andrews, GY6 8SF**

***Thank you for your support***