



1st-30th April 2025

Individual – walk 10,000 steps or a daily mile

Team of 4 – challenge another team to compete for the most steps walked

OR set a target destination to reach eg Spain is 600 miles

Name(s)	
Address (if entering as a team please complete for team leader only)	
Email	
Adult £15/Child (U18) £5 Team (4 people) £60	
Amount paid	
Cash/Cheque/Card	

DISCLAIMER

- I am entering the 30walksin30days event at my own risk.
- Les Bourgs Hospice accepts no responsibility and will not be liable whatsoever for any loss, damage, injury, death or other liability which may arise.
- I am medically and physically fit enough to participate in this event and if I am in doubt or have a medical condition I will consult my doctor prior to taking part.

GDPR

Les Bourgs Hospice (the Hospice) will not share with any third parties not directly involved with the 30walksin30days event. We only ask for data that is adequate, relevant and not excessive for those purposes.

We will use your data to:

- enable us to understand more about how our website is used, and in turn, to make sure that it reflects your needs.
- send you any information you may have requested, or which may be relevant to the services that you have contracted with the Hospice or Friends.

Your data will not be shared with any third parties.

I consent to my data being used in this way ☐

I consent to my name being listed on the Les Bourgs Hospice website for online sponsorship purposes ☐

FORM RETURN

Please return your completed form with your entry fee (cheques made payable to Les Bourgs Hospice please) to: Fundraising Administrator, Andrew Mitchell House, Rue du Tertre, St Andrews, GY6 8SF

Please note that you will only be considered to be participating in the event if a registration has been completed and the registration fee has been paid.

Thank you for your support.

In association with:



Kindly sponsored by:

APPLEBY

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